

**HOUSTON BAPTIST UNIVERSITY DEGREE PROGRAM PLAN ^**  
**BACHELOR OF SCIENCE (BS)**  
**KINESIOLOGY: WELLNESS MANAGEMENT**

CATALOG YEAR: 2018/2019

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**LIBERAL ARTS CORE REQUIREMENTS:**

“\*” Indicates course must be completed with a “C” or higher

COURSES	Hours	COURSES	Hours
*ENGL 1313 Composition and Literature I	3	*MATH 1313 College Algebra or higher	3
*ENGL 1323 Composition and Literature II	3	GOVT 2313 American and Texas Government	3
ENGL 2315 or 2325 Great Works of Literature I or II	3	HIST 2311 Western Civilization I	3
PSYC 1313 General Psychology	3	HISTORY: Choose 1 from HIST 2312, HIST 2313 or HIST 2323	3
PHIL 1313 Introduction to Philosophy	3	ART 2343 Art Appreciation or MUSI 1331 Music Appreciation	3
4 hours of any lab science (BIOL 2414 recommended)	4	COMM 1323 Rhetoric and Public Speaking	3
CHRI 1301 Introduction to the Bible	3		
CHRI 2373 Christian Theology and Tradition	3	<b>TOTAL HOURS IN LIBERAL ARTS CORE</b>	<b>43</b>

Students transferring to Houston Baptist University with 45 hours or more of transferable college credit are only required to take CHRI 1314, Introduction to the Christian Faith, to meet their Liberal Arts Core Curriculum Christianity requirements.

**MAJOR REQUIREMENTS:** All courses within major must be completed with a “C” or higher.

COURSE NO.	COURSE NAME	HOURS
BIOL 2404	Anatomy & Physiology I	4
KINE 2202	Creating a Wellness Lifestyle	2
KINE 2310	Foundations of Kinesiology	3
KINE 2334	Tests & Measurements in Kinesiology	3
KINE 2336	Strategies & Principles of Coaching	3
KINE 2340	Health Psychology	3
KINE 3310	Exercise Prescription	3
KINE 3232	Wellness for Special Populations	2
KINE 3301	Prevention & Treatment of Sports Injuries	3
KINE 3360	Administration in Sports and Kinesiology	3
KINE 3393	Physiology of Exercise	3
KINE 3395	Kinesiology: Applied Biomechanics	3
KINE 3398	Foundations of Health Instruction	3
KINE 4323	Motor Learning	3
KINE 4340	Wellness Internship	3
KINE 4363	Sports Sociology	3
KINE 4370	Research in Kinesiology	3
	<b>Total Hours Major</b>	<b>50</b>
	<b>Elective Hours Required</b>	<b>32</b>
	<b>TOTAL HOURS IN DEGREE</b>	<b>125</b>

^ Students may obtain the official degree plan from their academic advisor.