

HOUSTON BAPTIST UNIVERSITY DEGREE PROGRAM PLAN ^
BACHELOR OF SCIENCE (BS)
KINESIOLOGY MAJOR
Specialization in Athletic Training

CATALOG YEAR: 2018/2019

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LIBERAL ARTS CORE REQUIREMENTS:

“*” Indicates course must be completed with a “C” or higher

COURSES	Hours	COURSES	Hours
*ENGL 1313 Composition and Literature I	3	*MATH 1305 Math for Critical Thinking or higher	3
*ENGL 1323 Composition and Literature II	3	GOVT 2313 American and Texas Government	3
ENGL 2315 or 2325 Great Works of Literature I or II	3	HIST 2311 Western Civilization I	3
PSYC 1313 General Psychology	3	HISTORY: Choose 1 from HIST 2312, HIST 2313 or HIST 2323	3
PHIL 1313 Introduction to Philosophy	3	ART 2343 Art Appreciation or MUSI 1331 Music Appreciation	3
CHEM 1404 Introductory Chemistry	4	COMM 1323 Rhetoric and Public Speaking	3
CHRI 1301 Introduction to the Bible	3		
CHRI 2373 Christian Theology and Tradition	3	TOTAL HOURS IN LIBERAL ARTS CORE	43

Students transferring to Houston Baptist University with 45 hours or more of transferable college credit are only required to take CHRI 1314, Introduction to the Christian Faith, to meet their Liberal Arts Core Curriculum Christianity requirements.

MAJOR REQUIREMENTS: All courses within major must be completed with a “C” or higher.

COURSE NO.	COURSE NAME	HOURS
BIOL 2404	Anatomy and Physiology I	4
BIOL 2414	Anatomy and Physiology II	4
KINE 1310	Basic Health Assessment and Terminology	3
KINE 2310	Foundations of Kinesiology	3
KINE 2340	Health Psychology	3
KINE 2336	Strategies & Principles of Coaching	3
KINE 2334	Tests & Measurements in Kinesiology	3
KINE 3310	Exercise Prescription	3
KINE 3301	Prevention & Treatment of Sports Injuries	3
KINE 3305	Nutrition for Health	3
KINE 3311	Evaluation of Sports Injuries II	3
KINE 3360	Administration in Sports and Kinesiology	3
KINE 3393	Physiology of Exercise	3
KINE 3395	Kinesiology: Applied Biomechanics	3
KINE 3398	Foundations of Health Instruction	3
KINE 4363	Sports Sociology	3
KINE 4370	Research in Kinesiology	3
KINE 3410	Recognition and Evaluation of Sports Injuries	4
KINE 3420	Therapeutic Exercise and Rehabilitation	4
KINE 2304	Athletic Training Internship I	3
KINE 2305	Athletic Training Internship II	3
KINE 3304	Athletic Training Internship III	3
KINE 3315	Athletic Training Internship IV	3
KINE 4304	Athletic Training Internship V	3
ELECTIVES	6 hours of any KINE Courses (Recommended courses for electives are listed below): KINE 4305 Athletic Training Internship VI or KINE 4323 Motor Learning or KINE 2202 Creating a Wellness Lifestyle or KINE 3232 Wellness for Special Populations	6
	Total Hours Major	85
	TOTAL HOURS IN DEGREE	125

^ Students may obtain the official degree plan from their academic advisor.