

HOUSTON BAPTIST UNIVERSITY DEGREE PROGRAM PLAN ^
MINOR – KINESIOLOGY

CATALOG YEAR: 2018/2019

HBU.edu/catalog

LACC REQUIREMENTS FOR KINESIOLOGY MINOR MUST INCLUDE:

BIOL 2404

MINOR REQUIREMENTS: All courses within Minor must be completed with a “C” or above.

COURSE NO.	COURSE NAME	HOURS
KINE 2202	Creating a Wellness Lifestyle	2
KINE 2310	Foundations of Kinesiology (This is a prerequisite for all 2000 & 4000 level KINE courses.)	3
KINE 2340	Health Psychology	3
KINE 2336	Strategies and Principles of Coaching	3
KINE 3310	Exercise Prescription (Must be taken along with KINE 3393)	3
KINE 3360	Administration in Sports and Kinesiology	3
KINE 3393	Physiology of Exercise (Prerequisite BIOL 2404 with a “C” or better)	3
	Total Hours in Minor	20

^ Students may obtain the official degree plan from their academic advisor.